Newsletter of the
Rush-Presbyterian-St. Luke's
Nurses Alumni Association

RUSH UNIVERSITY

news & views
SUMMER 2012

SCHOOL-BASED HEALTH CENTERS PROVIDE COMMUNITY NURSING EXPERIENCE

MARIE GEANULEAS, MSN 2010
Generalist Entry Master's Program graduate at Simpson Academy for Young Women

Rush University College of Nursing has long offered students and faculty an array of opportunities to make a big impact in the Chicago community, from clinical nursing research to community service opportunities. Now, with a new school-based health center added to its complement of community practice sites, the college can expose even more nursing students to clinical experience with diverse populations.

Rush nursing faculty and students deliver much-needed care and valuable health education to teenaged patients from largely impoverished, underserved communities in Rush's school-based health centers (SBHCs) at three Chicago Public Schools: Richard T. Crane Technical Preparatory Common School, Orr Academy High School and now Simpson Academy for Young Women, a school exclusively for pregnant and parenting teens in grades six through 12. In January Rush marked the opening of the Simpson Academy health center with a ribbon-cutting ceremony attended by city officials, executives from Chicago Public Schools, and administration, staff and faculty from Rush.

Much like Rush's first two sites, the new SBHC at Simpson Academy is often students' first and only source of health care, according to Marilyn K. Wideman, DNP, RN-BC (DNP 2007), associate dean of faculty practice and community engagement and associate professor of community, systems and mental health nursing. Encompassing primary care, prenatal care, school and sports physicals, and contraceptive services for students, in addition to well-child care, urgent care and immunizations for infants, the center's health services aim to keep students from missing school due to health concerns and maintain students' focus on schoolwork.

"When you think about health care reform and how care could be in the future, you hear about care being delivered right where people live, work, learn and play. That's what we're doing: delivering more accessible care," Wideman said. "But we're more than just a clinic; we are integrated into the larger school community, delivering health care education and health promotion activities in the classroom. Our model has been embraced by the Illinois Department of Health Services as the preferred model for school-based care."

Rush nursing students at every level of study, from prelicensure students to doctoral students, have played a role in delivery of care as well as health education and programming for the centers' high school patients. More than 100 Rush nursing students each year receive clinical placements in one of the three SBHCs.

"At the SBHCs, nursing students get to see new and innovative models of care. They also see the impact that nurse practitioners make on the health care delivery system because they're working side-by-side with our faculty. And they're being introduced to diverse populations," Wideman said.

"Clinical practice experience in the community at these SBHCs facilitates student learning on what it's like for patients before they get to the level of hospitalization, what happens after they're released from the hospital and what health-related barriers patients experience. They really get to see what sets up some of the scenarios that lead to chronic disease or hospital admissions and get a more complete picture of the patient's experience."

Rush's SBHCs have been generously funded by the Golden Lamp Society, the giving society for Rush University College of Nursing; VNA Foundation and Polk Bros. Foundation.

To learn more, read a Q&A with 2010 Generalist Entry Master's Program graduate Marie Geanuleas, about her work in the Rush SBHC at Simpson Academy at www.con.rushalumni.org/marie.

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MESSAGE FROM DEAN MELANIE DREHER

CLINICAL NURSING EDUCATION CONTINUES TO THRIVE AT RUSH

This issue I'm pleased to share with you some of the many signs that Rush's tradition of clinical nursing education is alive and well. Our new school-based health center at Simpson Academy, featured on the cover of this issue of *News & Views*, is a wonderful addition to our cadre of clinical opportunities and an outstanding opportunity for the College of Nursing to contribute to the health of our community.

I'm also pleased to share that our students continue to play a critical role in Rush's patient care enterprise. In 2011 alone, prelicensure students in our Generalist Entry Master's Program provided 83,100 supervised patient care hours at Rush, caring for 25,110 patients, and our specialty master's students provided 31,705 supervised patient care hours. Beyond readying our students to become the best-prepared nurses they can be, this work provides a valuable service to our patients in need of knowledgeable and compassionate care.

This year's Rush-Presbyterian-St. Luke's Nurses Alumni Association Distinguished Alumna Lynne T. Braun, PhD, RN, CNP, FAAN (MS 1980 and Cert. 1997), exemplifies the integration of clinical care, education and research in practice. We're so proud of Dr. Braun's advocacy to improve the heart health of her patients and millions of others nationwide. She, as a successful graduate of our College of Nursing, is a wonderful example to our students of the extraordinary impact a Rush nurse can have on people and families.

Finally, two new faculty members are further bolstering our mission: Cynthia Barginere, DNPc, RN, FACHE, Rush's new chief nursing officer, vice president for clinical nursing and associate dean for practice; and Chandice Covington, PhD, RN, FAAN, our new chair of the Department of Women, Children and Family Nursing. Both are outstanding champions of excellence in nursing and powerful additions to Rush's clinical and educational efforts.

We thank you, our alumni, for helping to establish a strong clinical tradition at Rush, and we hope you agree that our students and faculty continue to steward this legacy well.

Best wishes,

Melanie C. Dreher, PhD, RN, FAAN
John L. and Helen Kellogg Dean
Rush University College of Nursing

THREE WAYS TO KEEP IN TOUCH ::

1. Post your news on our Facebook page at **www.facebook.com /rushuniversityalumni**
2. Submit your class note online at **www.con.rushalumni.org/contact**
3. Send your personal updates or suggestions for *News & Views* to **Office of Alumni Relations Rush University Medical Center 1700 W. Van Buren St., Suite 250 Chicago, IL 60612**

   or by email at **alumni@rush.edu**

DISTINGUISHED NURSING ALUMNA WORKS TOWARD A HEART-HEALTHY NATION

As a nurse practitioner in Rush's Preventive Cardiology Center and the Rush Heart Center for Women and a professor in the College of Nursing's Department of Adult Health Nursing, Lynne T. Braun, PhD, RN, CNP, FAAN (MS 1980 and Cert. 1997) works to prevent heart disease before it manifests. From her individual work with patients to her health care advocacy at the local and national levels, Braun's successful career and her dedication to her work are the inspiration behind her receiving this year's Rush-Presbyterian-St. Luke's Nurses Alumni Association Distinguished Alumna Award.

Braun has been active with the American Heart Association for almost 30 years in numerous capacities at the local, affiliate and national levels. She was the first nurse — and the first woman — to receive the prestigious Coeur d'Or Award from the Metro Chicago American Heart Association for her dedicated service. Her clinical and research interests include cardiovascular risk reduction, exercise, hyperlipidemia and hypertension management. She spoke to a crowd of nursing alumni, students, faculty and clinicians about this work at the May 24 Nursing Networks event, where she also received the Distinguished Alumna Award.

"I am passionate about heart disease prevention because, unlike so many other critical diseases, we know that 80 to 90 percent of heart disease is preventable," Braun said. "Nurses have so much capacity to make a difference. It's critical not just to address prevention with your own patients, but also to become an advocate, both locally and nationally. It's so important to have nurses and clinicians who work on the front lines of this fight against heart disease talking to legislators about supporting bills that support heart disease prevention and how important NIH research funding and CDC initiatives are to supporting prevention on a broader scale. Ultimately, the health of our nation depends on it."

Braun says that so much of her work as a clinician, teacher, researcher and advocate was shaped by her education at Rush in the master's and post-master's nurse practitioner certificate programs.

"I'm honored and humbled to receive this award. I look around at my colleagues and people who are also graduates of one of Rush's programs, and so many are equally deserving," Braun said. "I cherish my education from Rush because this is where I learned of the practitioner-teacher model and met individuals who functioned in that role. I knew from then on that's what I wanted to do. I learned that you really shouldn't teach unless you continue to practice, and that's how I've lived my career. Working at Rush has given me opportunities to grow, personally and professionally. I've been so fortunate to have many, many opportunities."

"Nurses have so much capacity to make a difference."

LYNNE T. BRAUN, PhD, RN, CNP, FAAN
(MS 1980 AND CERT. 1997)

COLLEGE NEWS

FACULTY NEWS ::

BETH NACHTSHEIM BOLICK, DNP, CNP-AC, PNP-BC, CCRN (MSN 1995, CERT. 1995, DNP 2007), associate professor of women, children and family nursing and specialty coordinator of the Acute/Chronic Care Pediatric Nurse Practitioner Program, has been selected as the recipient of the national Pediatric Nursing Certification Board's Acute Care Certified Pediatric Nurse Practitioner Advocate Award.

DAWN BOYD BOUNDS, MSN, RN, PNHNP-BC, instructor in the College of Nursing, has been appointed to the Substance Abuse and Mental Health Services Administration Minority Fellowship Program at the American Nurses Association for 2011–2012.

ELIZABETH A. CARLSON, PhD, RN (DNSc 1988), associate professor of adult health and gerontological nursing, has been appointed specialty coordinator for the Systems Leadership DNP Program at Rush.

CATHERINE D. CATRAMBONE, PhD, RN (MSN 1989, PhD 2000), associate professor of adult health and gerontological nursing, was elected vice president of Sigma Theta Tau International.

CHANDICE COVINGTON, PhD, RN, FAAN, joined the College of Nursing as chair of the Department of Women, Children and Family Nursing in November. Covington has conducted extensive research in women's health, reflected in more than 70 scientific and clinical journals and brings a history of NIH funding from National Cancer Institute and the National Institute for Nursing Research, as well as support from NASA, the National Indian Health Service and the U.S. Department of Health and Human Services.

MELANIE C. DREHER, PhD, RN, FAAN, the John L. and Helen Kellogg Dean of Rush University College of Nursing, was named distinguished alumna for Long Island University.

CAROL J. FARRAN, DNSc, RN, FAAN (DNSc 1985), received the 2011 Rosalynn Carter Leadership in Caregiving Award. Also, she and **JUDITH J. McCANN, PhD, RN, FAAN (MSN 1978, DNSc 1991),** received funding from the National Institute on Aging, National Institutes of Health for their Phase II STTR small business grant: Using Technology to Deliver Evidence-Based Interventions to Alzheimer Caregivers — Phase II.

RUTH A. FIEDLER, EdD, RN (MSN 1989), has been awarded a Nurse Educator Fellowship by the Illinois Board of Higher Education.

MARY E. JOHNSON, PhD, RN, PMHCNS-BC, has been appointed assistant dean and director of specialty education.

WRENETHA A. JULION, PhD, MPH, RN (DNSc 2002), was selected by the Josiah Macy Jr. Foundation as a member of the Macy Faculty Scholars.

RUTH KLEINPELL, PhD, RN, FAAN, FCCM (CERT. 1995), was elected president of the World Federation of Critical Care Nurses at the European Federation of Critical Care Nurses conference in Copenhagen, Denmark, and was also elected to the Commission on Collegiate Nursing Education Board of Commissioners as a representative of faculty for a full three-year term. Kleinpell also has been selected as an inductee into the International Nurse Researcher Hall of Fame for her lifetime achievements in and contributions to research and to mentoring future nurse researchers.

LYNN D. MOHR, MS, APN, PCNS-BC, CPN, was selected as one of the American Nurses Credentialing Center (AACN) Standard Setting Study panelists in the ANCC Standard Setting Study for the Pediatric CNS Certification in February. Also, Mohr and **BETH-ANNE CHRISTOPHER, MS, RN,** were selected to podium present their work entitled "Enhancing Prelicensure Clinical Nurse Leader (CNL) Problem Solving Skills: Use of the Fishbone Analysis" at the AACN 2012 CNL Summit in Tampa, Fla.

LISA ROSENBERG, PhD, RN, has been appointed associate dean for admissions and recruitment.

SUSAN SWIDER, PhD, APHN-BC, and **PAMELA LEVIN, PhD, RN,** received notice that their HRSA Advanced Education Nursing Grant is being funded in 2012.

MARILYN K. WIDEMAN, DNP, RN-BC (DNP 2007), associate dean for faculty practice and community engagement and associate professor of community, systems and mental health nursing, was appointed to the National Accreditation Commission for Health Care, the American Nurses Credentialing Center panel for Case Management Standard Setting, and was also accepted to the AACN Leadership for Academic Nursing Program. Additionally, Wideman and

CLASS NOTES

AMY MANION, MSN, RN, CPNP (CERT. 1996), assistant professor of women, children and family nursing, were selected as mentor-mentee team for the Sigma Theta Tau/Johnson & Johnson Maternal-child Health Nurse Leadership Academy (MCH NLA).

STUDENT & PROGRAM NEWS ::

The practitioners, clinic staff and Rush students with the **RUSH SCHOOL-BASED HEALTH CENTER AT SIMPSON ACADEMY FOR YOUNG WOMEN** won an International Connecting Nurses' Care Challenge Award in the Helping Hands category. Rush is one of just two American programs to win a Care Challenge Award this year. More about the award can be found here: www.connecting-nurses.com/web/awards. The school-based health centers also recently received a number of grants, including $10,000 each from Epic and from the George M. Eisenberg Foundation and $110,000 from a steadfast supporter of the clinics, the Polk Bros. Foundation.

Two College of Nursing PhD students, **MANJU DANIEL** and **ANNE TREYSMAN,** are recipients of the 2011–2012 National Institutes of Nursing Research Ruth L. Kirschstein National Research Service Award for Individual Predoctoral Fellows in Nursing Research. Additionally, Daniel's recent publication based on her Association of Clinical Research Professional work was selected as the best methods paper published in *Research in Nursing & Health* in 2011.

Two College of Nursing students, **ALEXIS LIEB** and **JENNA MARKO,** were selected for the prestigious Schweitzer Fellowship, a program that provides students opportunities to design and implement innovative year-long projects to improve the health of vulnerable Chicago communities. Lieb's project at Simpson Academy for Young Women will focus on providing young mothers with the tools to reach their educational and professional goals, while Marko plans to create an intergenerational reading buddies program for disadvantaged third- to eighth-grade students and senior adult mentors. They are among 31 Chicago-area students who were accepted into the fellowship program from a pool of 142 applicants.

ST. LUKE'S ::

HELEN ROEDL JACOBSON, 1937, is still intellectually sharp and physically vibrant, 75 years after graduating from St. Luke's. Jacobson resides at the South Minister Retirement Community in Charlotte, N.C., and still fondly recalls her years in nursing school. "I am who I am today because of St. Luke's Nursing School," she said. "I am proud to be associated with Rush University College of Nursing."

BETTY BUTLER KOLARICH, 1952, of Westminster, S.C., has recently retired after 64 years in nursing. Her career spanned medical-surgical, family practice, geriatric, home health and, finally, hospice nursing. She spent the past 10 years as a volunteer in the recovery room.

GOLDEN LAMP SOCIETY FOSTERS DEVELOPMENT OF FUTURE NURSES

Joyce K. Keithley, DNSc, RN, FAAN, chairperson of the Golden Lamp Society, hosted 110 guests at the Golden Lamp Society Annual Luncheon and Meeting on Thursday, June 7, 2012, at Rush.

The event presented an exciting opportunity to learn about the future of Rush College of Nursing and celebrate the students, faculty, alumni and donors who have made it a world-class educational experience for future nurses. For more information and photos of the award winners, please visit www.con.rushalumni.org/goldenlamp or our Facebook page at www.facebook.com/RushUniversityAlumni.

The Golden Lamp Society is the premier giving society dedicated to Rush University College of Nursing. Its members have generously supported nursing education at Rush with annual gifts of $300 or more.

To learn more about the Golden Lamp Society or to make a gift to support Rush's most promising nursing students, please contact Lydia Nash at (312) 942-7199 or Lydia_Nash@rush.edu.

PRESBYTERIAN ::

BETTY PFLITTNER HANCOCK, 1947, of Mandeville, La., was a cadet nurse from 1944–1947 and has been happily married to Harry, a World War II veteran, for 64 years. She writes that they have been very blessed.

JEAN SEBERG JOHNSON, 1956, of Liberty, Mo., has been compiling her own class newsletter every five years since 1966 and says she loves being able to keep in touch with her classmates. Her latest edition was completed last fall on the occasion of the class's 55th anniversary. If you did not receive it and are interested in a copy, please contact the Office of Alumni Relations at (312) 942-2569.

PRESBYTERIAN-ST. LUKE'S ::

MARILYN J. JOHNSON TATEIWA, 1966, and her husband, Toshiro Tateiwa, MD, have lived in Himeji City in Japan for 42 years and have four children — three in obstetrics and gynecology and one in hospital administration — and 11 grandchildren. She sends her best wishes to all her classmates and hopes she can see everyone at the class's 50th reunion.

RUSH ::

SUZANNE PERRAUD, MSN 1984, is now the senior associate dean for academic affairs at the University of Cincinnati College of Nursing. There, she will lead a new team selected to take the College of Nursing's almost 3,000 nursing students and their faculty to a new level of education, practice and research. Perraud was previously associate chairperson of the Department of Community, Systems and Mental Health Nursing, director of specialist and DNP education, and associate dean for academic affairs at Rush University College of Nursing.

BEVERLY J. HANCOCK, BSN 1985, MSN 1991, DNP 2009, of Chicago, has accepted a position with the American Organization of Nurse Executives as their director of educational programs. She previously served as Nursing Education/Quality Coordinator, Magnet Program director at Rush.

ALISON RIDGE, BSN 1986, MSN 1994, DNP 2010, recently became director of the MSN Program at Benedictine University in Lisle, Ill. She was previously assistant professor of community, systems and mental health nursing at Rush, where she started as a staff nurse in 1986.

COURTNEY H. LYDER, BSN 1989, MSN 1990, ND 1991, of Los Angeles, was named to the National Advisory Council for Nursing Research (NACNR), the principal advisory board for the National Institute of Nursing Research (NINR). The NACNR meets three times a year to provide recommendations on the direction and support of the nursing, biomedical, social and behavioral research that forms the evidence base for nursing practice.

REBECCA McALLISTER, CERT. 1999, ND 2001, of Pittsburgh, is an assistant professor at the University of Pittsburgh, teaching Family Nurse Practitioner (FNP) students in the Department of Health Promotion and Development at the School of Nursing there.

JOY SCHLOTON ELWELL, DNP 2006, of Eastchester, N.Y., was inducted as a fellow of the American Academy of Nurse Practitioners in 2011 and served on New York's Medicaid Redesign Team Subcommittee for Workforce Flexibility and Scope of Practice as its only advanced practice nurse.

PATRICIA M. DENNEHY, DNP 2009, a nurse practitioner and professor at the University of California, San Francisco, is also the director of Glide Health Services, a nurse-run health clinic in one of San Francisco's poorest neighborhoods. For demonstrating that nurse-managed health care can serve as a model for high quality, cost-effective care, Dennehy is a recipient of a 2012 James Irvine Foundation Leadership Award.

JENNIFER L. COOPER, MSN 2011, of Silver Spring, Md., accepted a position with AARP as project manager in the Center to Champion Nursing in America (part of AARP's Public Policy Institute).

Visit http://con.rushalumni.org/notes for more College News and Class Notes.

IN MEMORIAM

ST. LUKE'S ::

ALICE A. ANDERSON COTTER, 1936, of Hammond, Ind.; Oct. 25, 2008

LOIS EBINGER, 1938, of Oak Park, Ill.; Aug. 4, 2011

MARY JANE MILLER LEMENAGER, 1944, of Kingwood, Tex.; Oct. 3, 2009

MARTHA SCHEELER HORTON, 1946, of Nampa, Idaho; Apr. 5, 2011

BETTY JO WILLIAMS MAYER, 1948, of Rancho Palos Verdes, Calif.; January 19, 2012

BARBARA BIANCHI ANDERSON, 1951, of Naples, Fla.; Nov. 21, 2011

BARBARA WHITE TONGE, 1952, of Aberdeen, Md.; July 24, 2011

DIANA VESPA PERSCHKE, 1953, of Chicago, Ill.; June 14, 2012

DORIS BUSCH GARBER, 1955, of Harbor City, Calif.; March 11, 2012

LAURA TRIPP REUTHER, 1957, of Palm Bay, Fla.; October 10, 2010

PRESBYTERIAN ::

PHYLLIS CAFFEE ECKMAN, 1947, of Fort Wayne, Ind.; January 27, 2012

LISBETH BRANDT HARTER, 1947, of Chico, Calif.; Dec. 27, 2010

JUNE HOSTETLER YORK, 1947, of Lake Wales, Fla.; June 22, 2011

LOIS KARRMANN JAMBREK, 1948, of Kenosha, Wis.; Aug. 26, 2011

SHIRLEY COLWELL RECHEL, 1948, of Champaign, Ill.; Feb. 2011

ELIZABETH G. DIETRICH, 1951, of Wheaton, Ill.; Jan. 23, 2012

CAROLYN WESSEL HELF, 1957 and Rush BSN 1987, of Westchester, Ill.; Feb. 25, 2012

PATRICIA LOWDEN MITCHELL, 1958, of Alexandria, Va.; Dec. 8, 2011

PRESBYTERIAN-ST. LUKE'S ::

JOANNE TESCHNER CLEVELAND CURRY, 1961, of Sarasota, Fla.; Feb. 29, 2012

ELEANOR THURMAN FAIRCHILD, 1962, of Alameda, Calif.; Oct. 28, 2008

RUSH ::

SALLY BROZENEC, 1977, of Chicago, Ill.; June 25, 2012

PRESBYTERIAN ALUMNA STRENGTHENS RUSH'S FUTURE

This winter, late Presbyterian Hospital School of Nursing alumna **ELIZABETH DIETRICH, 1951,** made a great show of support for Rush and its students. The 20-year member of Rush's Golden Lamp Society, the giving society for Rush University College of Nursing, left her estate to the Golden Lamp Society. Just as her legacy will live on through much-needed funding for Rush's nursing students, you too can help shape the future of nursing education at Rush through a provision in your own estate plans.

To learn more about gift planning options and how you can help secure the College of Nursing's future, contact Tim Larson, senior director of gift planning, at (312) 942-9287 or timothy_larson@rush.edu.

news & views

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RUSH UNIVERSITY

40 YEARS of education, innovation and community

news & views

SUMMER 2012

UPCOMING EVENTS

Rush University Golf Outing
Wednesday, Sept. 19, 2012, 7 a.m. – 6 p.m.
Silver Lake Country Club
Orland Park, Ill.

Alumni and faculty are welcome to join us for this sixth annual fundraising event supporting scholarships for students of all four colleges of Rush University. For more information or to RSVP, contact Kelly Parker at (312) 942-0699 or Kelly_Parker@rush.edu.

Homecoming 2012
Friday, Oct. 5, 11:30 a.m. – 3:30 p.m.
Saturday, Oct. 6, 10:30 a.m. – 4:30 p.m.
Rush University Medical Center, Chicago

This year's luncheon and tea will honor class years ending in 2 or 7. Invitations will be forthcoming. For more information or if you're interested in planning a class dinner, contact Maeve Riley at (312) 942-2569 or visit www.con.rushalumni.org/homecoming.

RUSH-PRESBYTERIAN-ST. LUKE'S NURSES ALUMNI ASSOCIATION 2010 – 2012 BOARD ROSTER

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Marilyn K. Wideman, DNP, RN-BC (Rush 2008)

Rebecca J. Zapatochny-Rufo, DNSc, RN, CCRN (Rush 2003)

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